

CAKES / CACEN

Cream tea [C][V][VG] £9.25
Homemade fruit & plain scones with clotted cream, homemade fruit compote & a pot of tea for one

Welsh Cream tea [C][V] £9.25
Homemade plain scone, bara brith, & Welsh cake with clotted cream, homemade fruit compote & a pot of tea for one

Homemade carrot cake [C] £5.00
Chantilly cream

Homemade fruit & plain scones [C] £6.00
Clotted cream & fruit compote

Homemade chocolate brownie £4.50
Blueberry compote

Toasted teacake £4.25
Welsh butter & jam

Bara brith & Welsh cakes £4.75
Welsh butter

LIGHT MEALS / BWYDLEN YSGAFN

(Options unavailable after 17:30pm)

Poached eggs Benedict [C] £10.00
Homecooked ham, toasted muffin, rocket, hollandaise sauce

Bacon, sausage & egg on brioche bun [C] £9.00
House cut chips or sweet potato fries, mixed leaves

Bacon or sausage on brioche bun [C] £8.00
House cut chips or sweet potato fries, mixed leaves

Poached eggs & guacamole [C] £10.00
Toasted muffin, tomato salsa, rocket, basil oil
Add grilled Halloumi for £2.50

Rustic toast, guacamole [C][VG] £9.00
Smoked applewood cheese, tomato, rocket, basil oil

Croissant & Pain au raisin £5.50
Welsh butter & jam

White or wholemeal toast [C] £3.50
Welsh butter & jam

SANDWICHES & WRAPS / BRECHDANAU A WRAPS

All served with crisps or house cut chips

Home cooked ham, onion jam, melted parmesan, rocket, mustard glaze ciabatta [C] £9.95

Toasted Welsh leek & Gruyère rarebit, brioche bun [C][V] £9.25
Egg, cress & chive mayonnaise, granary bloomer [C] £8.95

Coronation chicken wrap [C] £9.95

Poached salmon, citrus crème fraîche, rocket, cucumber relish wrap [C] £9.95

OMELETTES / OMLETS

Please choose 3 items to create your omelette £12.95

Home cooked ham, cheddar cheese, mushroom, tomato, Feta cheese, spring onion, fresh herbs, smoked pancetta or Gruyère

Served with buttered vegetables or side salad & a potato option of your choice [C][V]

HOT BEVERAGES / DIODYDD POETH

TEIFI COFFEE

Filter coffee - Decaf available £3.50

Espresso / Double Espresso £3.25/£3.75

Macchiato £3.25/£3.75

Cappuccino £3.75

Babyccino / Baby choc £2.00

Café latte £3.75

Flat white £3.50

Iced latte £3.75

Mocha £4.20

Floater coffee £4.20

Liqueur coffee of your choice £6.75

Pot of speciality tea £3.50

"Welsh Brew" tea, English, decaf English, green tea, chamomile, raspberry & strawberry

Add syrup flavouring to your coffee 70p per shot

Amaretto, vanilla, mint chocolate, mint, hazelnut or gingerbread

TEA BIRDS LOOSE TEA LEAVES

Earl grey - A light, bright & beautiful fragrant blend £3.75

Lemon & ginger - Aromatic, refreshing blend £3.75

Rooibos - rich, delicious sweet orange & light clove blend £3.75

Jasmine huang shan ya - Green tea leaves, jasmine, lemon blend £3.75

Peppermint - fragrant blend of peppermint £3.75

WHITTARDS OF CHELSEA CHOCOLATES

Luxury Italian hot chocolate - Thick, deliciously creamy £4.00

White hot chocolate - Deliciously creamy white magic £4.20

Mint hot chocolate - Elegant mint, indulgent chocolate chip £4.20

Merlyn hot chocolate Subtle flavours of Welsh Merlyn liquor £6.75

Please ask a member of the team if you have any dietary requirements as some dishes require adjustment

[C] - Can be suitable for coeliacs with adjustments

[V] - Can be suitable for vegetarians with adjustments

[VG] - Can be suitable for vegans with adjustments

If you require further information regarding the list of allergens, a separate menu is available. All items are prepared with care on the premises where allergens are also used.