

CHILDREN’S MENU /
BWYDLEN PLANT
(children up to 12 years old)

“Celtic Pride” sausage
Mash or house cut chips & gravy [C]

Homemade lasagne
Garlic bread & house cut chips [C]

Tomato & cheese pasta
Garlic bread [C][V]

Beef burger
Mayonnaise & house cut chips [C]

Chicken nuggets
House cut chips

Mini fish
House cut chips [C]

Chicken curry
Rice & house cut chips [C]

All children’s meals are served with garden
peas or beans

Mary’s Farmhouse vanilla ice cream
With a choice of chocolate, raspberry,
mango or butterscotch sauce [C][V][VG]

Chocolate brownie
Chocolate sauce, vanilla ice cream [C]

Sticky toffee pudding
Toffee sauce, caramelised banana,
vanilla ice cream [C][V][VG]

Black forest knickerbocker glory
Cherries, chocolate brownie, vanilla ice
cream, chocolate sauce [C]

£11.95

WELSH AFTERNOON TEA £26.00

Selection of finger sandwiches, wraps & savoury	Mini Scotch egg, hog & apple sausage roll
Ham, Perl Wen glaze, onion jam	Selection of homemade cakes, desserts & scones
Egg & cress wholemeal sandwich	Clotted cream & homemade fruit compote.
Seasonal wrap	Served with a pot of tea or coffee for one [C][V][VG]
Poached salmon, citrus crème fraiche, cucumber relish wrap	

Add a glass of Prosecco to your afternoon tea for an extra £7.50

CHILDREN’S AFTERNOON TEA £15.00

Selection of sandwiches	One of the following drinks:
Ham & carrot cream cheese wrap	Chocolate/strawberry milkshake, orange/blackcurrant fruit shoot, babyccino, hot chocolate, orange/apple juice or pepsi/lemonade [C][V][VG]
Jam sandwich	
Egg & cress wholemeal sandwich	
Chocolate brownie, oreo cheesecake, marshmallow rice crispy, plain scone, clotted cream & homemade fruit compote	

All afternoon teas are to be pre ordered and served between 3pm – 5pm. A deposit of £10
per guest is required on booking. On occasion afternoon teas can be ordered on the day if
not pre-booked. Please ask a team member.

CAKES / CACEN

Cream tea	£10.50	Welsh cream tea	£10.95
Homemade fruit & plain scones with clotted cream, homemade fruit compote & a pot of tea for one [C][V][VG]		Homemade plain scone, Bara Brith & Welsh cake with clotted cream, homemade fruit compote & a pot of tea for one [C][V]	
Bara Brith & Welsh cakes	£5.50	Homemade fruit & plain scones	£6.95
Welsh butter		Clotted cream & homemade fruit compote [C]	
Toasted hot cross buns	£4.95	Homemade chocolate brownie	£5.95
Welsh butter & jam		Blueberry compote [C]	

the
Plough
Rhosmaen

Available
2.30 to 5.30



ALLERGENS



DRINKS MENU

The Plough Rhosmaen

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MAIN COURSE / PRIF GYRSIAU

“Celtic Pride” homemade beef lasagne Garlic bread, house cut chips [C]	£19.50	Roast chicken supreme £20.95 Sauteed courgette, red onion, Dijon mustard, honey & parsley cream sauce, garlic potatoes [C]
The Plough fish & chips “Cwrw” beer battered haddock, caramelised lemon, choice of minted mushy peas or garden peas [C]	£19.25	Homemade casserole £18.95 Buttered greens, sautéed potatoes [C] <i>Please ask a team member for today's option</i>
“Celtic Pride” beef burger Welsh cheese rarebit, bacon medallion, cucumber relish, brioche bun, mayonnaise, coleslaw, onion rings, house cut chips [C]	£19.50	Beetroot, pear, courgette & mozzarella strudel £18.95 Lyonnaise potatoes, sundried tomato & pesto cream sauce [V][VG]
The Plough homemade chicken curry Braised rice, house cut chips, crispy poppadom, naan bread [C]	£19.50	Lentil & spinach burger £18.95 Carrot, thyme & orange rarebit, guacamole, baby gem lettuce, coleslaw, onion rings, house cut chips [C][V][VG]

Please ask a member of the team for our daily specials board

STEAK / STEC

Welsh sirloin steak 10oz £32.95 Onion rings - Choice of peppercorn, red wine or bearnaise sauce [C]	Welsh fillet steak 9oz £35.95 Onion rings - Choice of peppercorn, red wine or bearnaise sauce [C]
Welsh sirloin steak 7oz £24.95 Onion rings - Choice of peppercorn, red wine or bearnaise sauce [C]	Grilled gammon loin £19.95 Pineapple salsa, fried egg, garden peas, onion rings, house cut chips [C]

Served with buttered vegetables or side salad & a potato option of your choice
House cut chips, sautéed, boiled, mash, braised rice or mixed salad
Upgrade from house cut chips to sweet potato fries for an additional £1.00

SALADS / SALAD

Superfood salad Quinoa, peas, spring onion, beetroot, lentils, coriander, parsley, mange tout, pomegranate & pumpkin seeds [C] <i>Add one of the following to complete your salad:</i>	Orange & rosemary glazed salmon £22.50 Grand Marnier & seeded mustard dressing [C]
Leek & coriander falafels £17.50 Yellow chilli & ginger dressing [C][VG]	Welsh sirloin steak £23.95 Roast butternut squash, bearnaise dressing [C]

OMELETTES / OMLETS

Please choose 3 items to create your omelette Served with buttered vegetables or side salad & potato option of your choice [C][V] <i>House cut chips, sautéed, boiled, mash, braised rice or mixed salad</i>	Home cooked ham, cheddar cheese, mushroom, tomato, Feta cheese, spring onion, fresh herbs, smoked pancetta or parmesan £15.50
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SANDWICHES & WRAPS / BRECHDANAU A WRAPS

All served with coleslaw, crisps or house cut chips	Falafel, Feta, beetroot glaze wrap £11.50 [C][V][VG]
Home cooked ham, Perl Wen glaze, baby gem, redcurrant & onion jam ciabatta [C]	Poached salmon, citrus crème fraiche, rocket, cucumber relish wrap [C] £12.50
Toasted Welsh cheese & leek rarebit brioche bun [C][V]	Egg, cress & chive mayonnaise, granary bloomer [C][V] £11.50
Seasonal wrap [C]	£12.50
<i>Please ask a member of our team for today's options</i>	

BRUNCH / BRUNCH

Poached eggs Benedict £10.95 Home cooked ham, toasted muffin, rocket, hollandaise sauce [C]	Rustic toast, guacamole £10.50 Smoked applewood cheese, tomato, rocket, basil oil [C][V][VG]
Bacon, sausage & egg on brioche bun £10.95 House cut chips or sweet potato fries, mixed leaves [C]	Poached eggs & guacamole £10.95 Toasted muffin, tomato salsa, rocket, basil oil [C][V] <i>Add grilled Halloumi for £2.50</i>
Bacon or sausage on brioche bun £9.50 House cut chips or sweet potato fries, mixed leaves [C]	Porridge £6.50 Maple syrup, blueberry compote or sugar [C][V][VG]
Croissant & Pain au raisin £5.95 Welsh butter & jam	American Buttermilk Pancakes £10.95 - Crispy Bacon & Maple Syrup - Chocolate & Fresh Strawberries
White or wholemeal toast £3.75 Welsh butter & jam [C][V][VG]	

Please ask a member of the team for the daily special and let them know if you have any dietary requirements as some dishes require adjustment
[C] - Can be suitable for coeliacs with adjustments [V] - Can be suitable for vegetarians with adjustments [VG] - Can be suitable for vegans with adjustments. If you require further information regarding the list of allergens, a separate menu is available. All items are prepared with care on the premises where allergens are also used.

LIGHT BITES / BITES YSGAFN

£6.95 each or 3 for £19.00
Homemade mini scotch eggs Piccalilli
Tempura battered cauliflower florets Truffle mayonnaise [V][VG]
BBQ hog & apple sausage rolls Bloody Mary ketchup
Moroccan beetroot dip Crumbed Feta, pesto, mixed seeds, flatbread [C][V][VG]
Salt & pepper fried squid Chilli mayonnaise
Coriander & chickpea falafel Mango chutney [C][V][VG]
Freshly baked white bloomer bread & Welsh butter £4.25
Sweet potato fries £4.95
Breaded onion rings £4.95
House cut chips “Sglodion Penfro” £4.95
Sauté buttered vegetables, bacon & parmesan £4.95
Sauté mushrooms £4.50
Homemade garlic bread £5.50
Homemade garlic bread with cheese £6.50
House cut chips, truffle oil & parmesan £6.50
Pan fried Halloumi £4.50
Roast butternut squash, Iceberg, Feta, cherry tomato, mixed seeds & Grand Marnier dressing £5.95
Garlic potatoes, parmesan crust £5.50