

Takeaway at The Plough

Monday to Saturday collection by 12.00pm - 9.00pm / Sunday lunch collection between 11.30 - 12.30pm

Sunday Roast

(Available for Sunday collection 11.30pm - 12.30pm)

Roast beef / Cig eidion

Well done with Yorkshire pudding,
honey roast parsnips, pan jus [C]

Roast Pembrokeshire turkey / Twrci

Homemade stuffing, honey roast parsnip,
Yorkshire pudding, pan jus [C]

Roast lamb / Cig oen

Homemade stuffing, honey roast parsnip,
minted pan jus [C]

Fish of the day

Please ask a team member for today's option [C]

Mushroom, chestnut & courgette strudel

Spinach, watercress sauce [V][VG]

All the above meals are served with
seasonal vegetables and cauliflower cheese

The Plough fish and chips

"Towy Valley" beer battered haddock,
caramelised lemon, minted mushy peas [C]

"Celtic Pride" homemade beef lasagne

Garlic bread, house cut chips

"Celtic Pride" beef burger

Gruyere cheese rarebit, bacon medallion, onion jam,
brioche bun, mayo, onion rings, house cut chips, salad [C]

Sunday Dessert

Seasonal cheesecake

Fruit coulis

Sticky toffee pudding

Caramelised banana, toffee sauce [C][VG]

Chocolate brownie

Chocolate sauce [C]

1 course Adult £16.00 / 2 course Adult £20.00

1 course Child £9.00 / 2 course Child £12.00

Children's Menu

(Aged from 0-12 years)

Chicken nuggets & chips

Baked beans

Beef burger & chips

Onion rings [C]

£8.00

Fish & chips

Minted mushy peas [C]

Lasagne & chips

Garlic bread [C]

Side orders

House chips

Onion rings

Mushrooms

Garlic bread

£3.50 each

Hot Meals

(Available 7 days a week 12pm - 9.00pm)

"Celtic Pride" beef burger

Gruyere cheese rarebit, bacon medallion, onion jam,
brioche bun, mayo, onion rings, house cut chips, salad [C]

Mushroom, chestnut & courgette strudel

Spinach, watercress sauce, sauté potatoes [V][VG]

The Plough fish and chips

"Towy Valley" beer battered haddock,
caramelised lemon, minted mushy peas [C]

The Plough homemade chicken curry

Braised rice, house cut chips, crispy poppadum [C]

"Celtic Pride" homemade beef lasagne

Garlic bread, house cut chips

£15.00

Fish of the Day

Please ask for today's option [C]

£18.50

Roast Gressingham duck breast

Red cabbage & pancetta, parsnip puree, dauphinoise potatoes,
broccoli, ginger & blood orange sauce [C]

£19.00

Slow cooked Welsh lamb

Gruyere rarebit, French beans, minted polenta, parmentier potatoes,
roast cherry tomatoes, artichoke puree, thyme jus [C]

£19.50

Welsh sirloin steak

Onion rings, house cut chips [C]

Choice of buttered vegetables or side salad

Choice of Peppercorn, Red wine or Bearnaise sauce

£24.00

Welsh fillet steak

Onion rings, house cut chips [C]

Choice of buttered vegetables or side salad

Choice of Peppercorn, Red wine or Bearnaise sauce

£27.00

Superfood salad

Quinoa, peas, spring onion, coriander, parsley,
mange tout & pumpkin seeds [C]

Add one of the following to complete your salad:

Coriander & chickpea arancini, butternut squash,

Grand Marnier dressing [C][V][VG]

£14.00

Lemongrass, lime & coconut roast chicken, sweet chilli dressing [C]

£15.00

Sweet & spicy teriyaki salmon, soy & sesame dressing

£15.00

Welsh sirloin steak, butternut squash, bearnaise dressing [C]

£17.00

Dessert

Seasonal cheesecake

Fruit coulis

Sticky toffee pudding

Caramelised banana, toffee sauce [C][VG]

Chocolate brownie

Chocolate sauce [C]

£5.50

The Plough, Rhosmaen, Llandeilo, Carmarthenshire, SA19 6NP

01558 823431

info@ploughrhosmaen.com

www.ploughrhosmaen.com

Takeaway at The Plough

To place your order, please call us between 10am – 8pm
(Available 7 days a week 3.00pm – 5.00pm)

WELSH AFTERNOON TEA

Selection of finger sandwiches, wraps & savoury

Ham & parmesan glaze white sandwich
Egg, chive & cress wholemeal sandwich
Coronation chicken wrap
Poached salmon, citrus crème fraiche wrap
Scotch egg
BBQ hog & apple sausage roll

Homemade selection of cakes & scones

Bara brith
Chocolate brownie
Ginger, lime & chocolate profiterole,
Passionfruit & white chocolate cheesecake
Mandarin posset
Fruit & plain scones, clotted cream, homemade compote,
[C][V][VG]

£18.00

Add a mini bottle of Prosecco to your afternoon tea for an extra £6.00

CHILDREN'S AFTERNOON TEA

Selection of sandwiches

Ham & carrot cream cheese wrap
Jam sandwich
Egg & cress wholemeal sandwich

Homemade selection of cakes & scones

Chocolate brownie, oreo cheesecake, marshmallow lollipop
Plain scone, clotted cream, homemade compote

£11.00

Please ask when ordering if you have any dietary requirements as some dishes require adjustment.

[C] - Suitable with adjustment for coeliacs

[V] - Suitable with adjustment for vegetarians

[VG] - Suitable with adjustment for vegans

All orders will be allocated a collection time. On arrival at the hotel, customers will be asked to make their way to our hotel reception area for collection of their takeaway.

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