

## SET LUNCH MENU

MAIN COURSE	£7.50
2 COURSE	£10.50
3 COURSE	£13.50

**Duo of Garlic Breads**  
served with Parmesan Cheese  
and Pesto Dressing

**Melon and Pineapple Salad**  
with Heavenly Mango Sorbet [C]

**Cherry Tomato and  
Red Onion Tart Tatin [V]**  
on Mixed Leaves and  
Sweet Balsamic Drizzle

**Roasted Apple and  
Pine Nut Salad**  
with deep-fried Baby Sweetcorn  
and Mustard Dressing [C\*]

**Pan Fried Lemon Scented  
Chicken Breast**  
on A bed of Red Onion and Mixed  
Leaves with a Citrus Dressing [C\*]

**Honey Glazed Roast Ham**  
on a bed of Greens with Parsley Sauce  
and Sautéed Potatoes [C\*]

**Homemade Soup**  
with Freshly Baked Bread [C\*]

**Sautéed Mushrooms**  
in a Garlic and Cream Sauce,  
served with a  
Welsh Rarebit Crouton [C\*]

**Thai Style Fish Cake**  
on Oriental Salad and  
Coriander Dressing

**Homemade Lasagne**  
with Garlic Bread and Chips

**Welsh Lamb Moussaka**  
cooked with Aubergine and  
Potato Gratin [C\*]

**Mushroom and Walnut  
Hot Pot Pie [V]**  
with a Parsley Cream Sauce

**Local Ale Battered Fish**  
on Mushy Peas, Lemon Drizzle  
and Homemade Chips

Portion of Vegetables

£1.50

Please Ask for our Dessert Menu

[C] – suitable for celiacs      [C\*] – suitable for celiacs with adjustment  
Please ask a member of staff

## SANDWICHES

Served on White or Granary Bread with Crisps & Coleslaw

Pembrokeshire Turkey with Cranberry Mayo

Roast Welsh Beef and Horseradish Mayo

Honey Roast Ham

Welsh Cheddar Cheese and Pickle

Bacon, Lettuce, Tomato and Mayo

Coronation Prawns

£4.95

## PLOUGHMAN'S

Welsh Cheddar, Ham or Stilton

£6.95

## BAGUETTES

Served with Coleslaw & Spicy Fries

Welsh Brie and Red Onion

Home cooked Ham and Mozzarella

£5.45

Steak, Onion and Seeded Mustard Mayo

£6.95

## OMELETTES

Ham, Cheese, Mushroom or Prawn

£5.95